



POLK COUNTY CRIMINAL JUSTICE COORDINATING COUNCIL

BEHAVIOR HEALTH SUBCOMMITTEE MEETING MINUTES

Date: September 10, 2025

Time: 8:30 a.m.

Location: Polk County River Place

MEMBERS PRESENT: Gabbie Ruggiero (BHDS), Lorna Garcia (DMPD), Tracy Gryp (Full Circle Recovery), Patrick Coughlin (Bridges of Iowa), Annie Uetz (BHDS), Roger Drown (Altoona PD), Jerry Evans (CJCC)

MEMBERS ABSENT: Teresa Bomhoff (MindSpring), Danielle Bailey (5th District DOC)

GUESTS: Jessie and Jasmin Goodwin (Kingdom Living)

INFORMATION

1. Kingdom Living was invited to present on their transitional re-entry sober living programs. The Subcommittee decided at its last meeting that focusing on transitional housing was a good action item to focus on in order to assess barriers that may exist in this space.
2. Jessie Goodwin, and his two partners, Mike Madden and Jimmy Bridges, started Kingdom Living approximately nine years ago.
3. Jessie talked about his own drug addiction, along with his experience of returning to the community after serving time in federal prison. It was because of his own experiences that Jessie wanted to help others and why he and his partners began buying properties to convert into recovery houses.
4. Kingdom Living currently operates 10 male recovery houses, and five (5) female recovery houses in Polk County. They have plans to open two more in the near future- one male, and one female.
5. At capacity, they can serve approximately 160 individuals in their houses. The only clients they do not allow in their houses are individuals who have a prior sex offense or serious crime of violence. Recently, they began working to accommodate transgender clients and individuals with physical disabilities.
6. The costs for the clients include: 1) \$150 initial program fee and 2) \$160 per week fee for a single room, and \$135 per week fee for a double room. Kingdom Living gives clients 30 days to try and get their outstanding monetary costs completely satisfied. They provide clothing and food products to help those who arrive without any financial resources.

7. While living in the houses, clients are required to remain free of any prohibited substances, attend AA/NA/CA meetings 4x per week, and attend six (6) large group events each year.
8. Jessie indicated that common barriers faced by clients in the beginning are not possessing a valid identification card, as well as having no reliable means of transportation.
9. Kingdom Living recovery houses are NARR (National Alliance for Recovery Residences) certified.
10. Recently, Kingdom Living opened the RiSE Recovery Center on SW 9th Street in Des Moines. RiSE Recovery Center is a peer-operated resource center offering community-based recovery supports for all people impacted by substance misuse.

11. ADJOURNMENT:

The meeting ended at 10:00 AM.

12. NEXT MEETING

The next meeting is scheduled for Wednesday, November 12th at 8:30 AM at Polk County River Place, Room 3 on the west side of the building.