

Polk County Mental Health and Disability Services Regional Governing Board

Minutes

May 9, 2023 9:30 a.m.

Members Present:

Robert Brownell, Tom Hockensmith, Steve Van Oort, Matt McCoy, Angela Connolly, Lorna Garcia, Nikki Syverson, Mardi Deluhery, Christina Smith, Steve Johnson

Members Absent:

Jadie Boens

Also present: Annie Uetz, CEO, Behavioral Health and Disability Services (BHDS)

Moved by Brownell, Seconded by McCoy to approve the April 18, 2023 minutes.

ACTION ITEMS

Moved by McCoy, Seconded by Brownell to recommend to the Board of Supervisors to approve payment of the out of county MHDS expenses (MH-ID-DD service approvals, item #3 on agenda).

Moved by Brownell, Seconded by McCoy to recommend to the Board of Supervisors to approve an Independent Contractor Agreement with FP Consulting, LLC.

Moved by Smith, Seconded by Connolly to recommend to the Board of Supervisors to approve the Polk County Mental Health and Disability Services Region Performance-Based Contract Amendment with the Iowa Department of Health and Human Services.

Moved by Connolly, Seconded by Brownell to recommend to the Board of Supervisors to approve and authorize submission to the Iowa Department of Health and Human Services of the Polk County Mental Health and Disability Services Region FY 23/24 Incentive Fund Request (powerpoint).

DISCUSSION ITEMS

Drake Head Start Pilot Update – presented by Julie Gibbons

This pilot program is now fully staffed and working at all levels in the community, with all seven child care centers in the program. During the first quarter they met with all seven directors, established quarterly meetings and have implemented reflective consultation at individual and group levels. This means if there are issues with staff and/or families they have a place to go to discuss what is happening and what the options are. The workers have been out to all 28 classrooms, in the seven settings, and have visited with 80 staff. Staff knows they can reach out to the mental health worker if they need help/assistance. They did 62 total observations requested for specific kids. They did direct consultations with directors that specifically impacted 89 kids. They also did two additional direct consultations with staff on specific issues. They met with three families with different situations to get them resources they need. They have also joined in the early childhood provider meetings so they can collaborate and get community resources. We have one mental health consultant through the pilot program. We also have one community person to get the word out that we have a mental health consultant. They are thinking about what replication would look like so they can have more mental health consultants for other day care centers. There could be a possibility to work with the schools and AEA down the road to see if there is a school that would want to do a pilot program.

There hasn't been any family satisfaction surveys at this point and no feedback has been received yet.

Next meeting June 20, 2023. Meeting adjourned.

Minutes submitted by B. Dewey, Auditor's Office (audio on file)