

Polk County Advisory Board of Health Minutes

May 17, 2024

Members present: Reylon Meeks, Rick Kozin, Anne Bacon

Members absent: Jennifer Olson, Thomas Newton

Agenda Items	Summary
<u>Approval of Minutes</u>	Board minutes from April approved.
<u>Director Update</u> <i>By Helen Eddy</i>	Introduction of Addie Olson, Public Health Communications Officer
<u>Deputy Director Update</u> <i>By Mandy Penning</i>	None
<u>Behavioral Health & Disability Services</u> <i>By Annie Uetz/Rachel Adams</i>	- New Sobering Center update - Address will be 1914 Carpenter Avenue (just south of the Health Department) - Opening Fall of 2024 - Sobering center is a diversion opportunity, instead of taking someone to jail if their only charge is public intoxication. - Individuals will be triage by a paramedic. If safe to stay, individuals will go into the Sobering Center and be monitored by an ENT. - Average stay is 4 to 6 hours. During that time, services will be offered. - Operated by St. Vincent de Paul - One Site Director - Two Community Navigators (both have lived experience) - Space is set up for 5 chairs, with ability to flex up to 10 - No meals – just water, Gatorade, crackers, etc. - Shower / bathroom available - Due to the partnership with St. Vincent de Paul, there will be a clothing closet on site. - Crisis Observation Center and Mental Health Urgent Care will be relocating from Broadlawns to the 1914 facility - Because law enforcement works closely with the center, law enforcement bathrooms were built within the center. - Law enforcement can drop individuals off, family members can drop off, people can just walk in. - Legislation that just came out, emergency services can transport to the center - Medical Director, Dr. Rachael Sokol. - Individuals can leave if they wish, it is totally voluntary. However, if they are a harm to themselves or others, law enforcement will be contacted. - Geographic reach – all of Polk County - Funding: - Sobering Center - Partnership with the City of Des Moines – Up to 50% City of Des Moines, Polk County covers remaining portion (not billable to Medicaid) - Behavioral Health Urgent Care – Strictly billed through insurance (private insurance, Medicaid, etc.) or financial assistance through Broadlawns - Crisis Observation Center – Billable to Medicaid for those covered by Medicaid, the Region will cover others. - Both the Crisis Observation Center and Behavioral Health Urgent Care will be expanded from 4 chairs to 8 chairs.



Grant Updates 2024

Penny Seidenkranz
Certified Prevention Specialist
Grant Coordinator PFSPAM Grant

Current Grant List

- Polk County Discretionary (PC) Grant
- Partnerships for Success in Prevention Alcohol Misuse (PFS-PAM) Grant
- State Opioid Response (SOR) Grant
- First Responder's Comprehensive Addiction and Recovery Project (FR-CARP)
- Strategic Prevention Framework for Prescription Drug Misuse (SPF Rx) Grant
- Integrated Provider Network (IPN) Grant

PCHS Grant

- Generation Rx (Youth)
 - 176 hours, 200 youth
- Early Childhood Education
 - 76 hours, 300 youth
- Drug Free Workplace Trainings (Reasonable Suspicion) and Policy Update/Changes
 - 50 TA hours, 4 policy changes
 - 75 hours, 100 individuals

SOR Grant

- Focused on expanding and enhancing opioid use disorder prevention, treatment, and recovery services.

SOR Strategies

- Media Campaigns
 - It's On Us & See the Person
- Promotion of Overdose Reversal (Naloxone) Programs
 - Technical Assistance to 7 organizations to make recommendations on naloxone access/treatment resources

SOR Strategies

- Prevention Trainings
 - Provide 48 trainings to 480 individuals
 - Served over 500 individuals this year

FR-CARP

- First Responder and Key Community Sector Training on Naloxone Administration
- Information on Carrying and Administering Naloxone for Emergency Treatment of Known or Suspected Opioid Overdose.
 - All trainings are completed

IPN Grant

- Includes
 - Substance Misuse Treatment
 - Substance Misuse Prevention
 - Problem Gambling Treatment
 - Problem Gambling Prevention
- HHS Link:
 - <https://hhs.iowa.gov/substance-abuse/Integrated-Provider-Network>

IPN Grant - Prevention

- Priority Area/Populations:
 - Marijuana, ages 12 -20
 - Methamphetamine, ages 18+
 - Prescription Medications, ages 65+

IPN – Strategies

- Marijuana (12-20)
 - Your Life Iowa Media Campaign
 - Media sharing and flyer distribution
 - 30,000 impressions per year
 - Campaign trainings
 - Curriculum Based Support Group
 - Life skills program
 - 100 participants a year

IPN – Strategies

- Methamphetamine (18+)
 - See the Person Media Campaign
 - Media and flyer distribution
 - 50,000 impressions
 - College Campus Policies
 - Updating drugfree campus policies
 - 1 policy update
 - Informational sessions on methamphetamine use

IPN – Strategies

- Prescription Medications (65+)
 - Generation Rx
 - Information on prescription misuse
 - 500 residents
 - Be Prepared to Save a Life Campaign
 - Law Enforcement Naloxone Policies
 - Policy updates on carrying naloxone
 - 2 policies
 - Promote healthy alternative activities to substance misuse

SPF Rx Grant

- Addresses prescription drug misuse for ages 12-25
- HHS Link: <https://hhs.iowa.gov/Bureau-of-Substance-Abuse/Prevention-Related-Programs/Current-Grants/Strategic-Prevention-Framework-for-Prescription-Drugs>

SPF Rx - Strategies

- Prescription Drugs are Still Drugs Media Campaign
- SAMHSA's Opioid Overdose Prevention Toolkit
- CDC Guideline for Prescribing Opioids for Pain
- School Policy Changes

SPF Rx - Strategies

- Prescription Drugs are Still Drugs Media Campaign
 - 3000 individuals
- SAMHSA's Opioid Overdose Prevention Toolkit
 - Disseminating to local schools and through social media – 3000 individuals
- CDC Guideline for Prescribing Opioids for Pain
 - Target Population: Dental Practitioners

SPF Rx - Strategies

- School Policies
 - Fake Pills Media Campaign & informational sessions
 - Drug Take Back Media Campaign & informational sessions
 - Work with local school districts on policies to include SAP referral, deferment programs, and/or Naloxone/Narcan availability

PFS-PAM Grant

- Goals:
 - Reduce the rate of adult (45+) binge drinking
 - Build countywide coalition
 - Implement one individual and three environmental evidence -based strategies
- Currently on the Planning step of the SPF
 - Collecting Polk County data on alcohol misuse and binge drinking. Looking for potential interviewees.



Thank you!

Prevention Specialist
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<u>Program Updates Disease Prevention</u> <i>By Kari Lebeda Townsend</i>	• Measles – 132 in U.S. (81% unvaccinated individuals, 14% under vaccinated) • Highly Pathogenic Avian Influenza ○ No outbreaks in Iowa ○ Risk is low to humans • Greencard Clinic – added two afternoons per week for appointments
<u>Committee Member Comments</u>	• None
<u>Public Comments</u>	• Alicia Vermeer, Community Youth Concepts (CYC) ○ Excited to hear Penny’s (EFR) presentation. CYC partners with EFR quite a bit. EFR has supported CYC to get accurate information on substance use prevention for youth. CYC partnered with EFR’s staff to create an opioid presentation geared to adults who work with youth and what they need to know about how youth are using opioids right now. The presentation will be e-mailed to the BOH committee members.
<u>Adjournment</u>	9:10 a.m.

Next Meeting June 21, 2024 at 8:30am

Others present:

Helen Eddy, PCHD

Mandy Penning, PCHD

Kari Lebeda Townsend, PCHD

Heather Flaherty, PCHD

Andrea Petrovich, Asst. County Attorney

Annie Uetz, Polk County Behavioral Health & Disability Services

Rachel Adams, Polk County Behavioral Health & Disability Services

Penny Seidenkranz, Employee & Family Resources (EFR)

Alicia Vermeer, Community Youth Concepts