

Polk County Advisory Board of Health Minutes

June 16, 2023

Members present: Reylon Meeks, Simon Geletta, Thomas Newton, Anne Bacon

Members Absent: Jennifer Olson

Agenda Items	Summary		
<u>Approval of Minutes</u>	May minutes approved.		
<u>Director Update</u> <i>By Helen Eddy</i>	Vendor selected to do the study concerning the State realignment. We are working closely with our Polk County lobbyist to monitor the process.		
<u>STD Trends & Program Update</u> <i>By Kimberly McMains</i>	PCH Clinical Services Available: - Same day appointments available - Mon-Fri 8:30am – 3:45pm - STD, Rapid HIV, Hep C Testing \$10 for Polk Co. Residents & \$25 for non-residents - Price includes test & treatment - PreP & STD Walk-in screenings - Available for asymptomatic patients, not named as a partner - Monday & Friday 1:00pm – 3:00pm - Tuesday & Thursday 8:30am – 11:30am - We offer a hardship policy- we will never turn anyone away due to the inability to pay - PCHD is willing to treat anyone who has tested positive within a different clinic. This helps to reduce barriers related to confidentiality & ability to pay for services, especially among our youth populations. Expansion of STD Team: <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%; vertical-align: top;"> - Lead Public Health Investigator - Streamlined Training - Case Review - Resource for PHI's 6 Public Health Investigators - Case investigation varies by disease type - STI Data Coordinator - Case Assignment - Case Follow-up: Trich, Chlamydia, and some Gonorrhea - Collaborate with Public Health Planner to identify trends among our community </td><td style="width: 40%; vertical-align: top;"> <u>Public Health Investigators Follow Up</u> Chlamydia Cases where the patient is pregnant, 17& under, rectal positive, untreated, or has had a reinfection within the last 6 months Gonorrhea All cases HIV All Cases Syphilis All Cases </td></tr> </table>	- Lead Public Health Investigator - Streamlined Training - Case Review - Resource for PHI's 6 Public Health Investigators - Case investigation varies by disease type - STI Data Coordinator - Case Assignment - Case Follow-up: Trich, Chlamydia, and some Gonorrhea - Collaborate with Public Health Planner to identify trends among our community	<u>Public Health Investigators Follow Up</u> Chlamydia Cases where the patient is pregnant, 17& under, rectal positive, untreated, or has had a reinfection within the last 6 months Gonorrhea All cases HIV All Cases Syphilis All Cases
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	STD Case Manager: Excel Document → Web Based Application - Easier functionality - Allows for multiple staff to be within the application at a time - Allows for easier search function - Allows for information to be exported to be shared with healthcare partners Phase 2 : Currently in Progress - Focuses on the development of reports generated by the information found within the system - This will provide us the ability to generate reports that can be shared with our partner providers Reporting of STD Treatment:		

IOWA CONFIDENTIAL REPORT OF SEXUALLY TRANSMITTED INFECTION – CHLAMYDIA, GONORRHEA, AND SYPHILIS (to be completed by clinician)

Do NOT use this form to report HIV OR AIDS. To report HIV or AIDS, please call 515-281-8480 or 515-281-9358

CHLAMYDIA First Name (include patient's sex, or maiden name for patients): MR _____ Sex at Birth: M F Current Gender: M F Pregnant? ☐ Yes ☐ No Race: _____

Address: _____ City: _____ State: _____ Zip Code: _____ Cell Phone (include Area Code): _____ Alt. Phone: _____

Marital Status: ☐ Single ☐ Mar ☐ Div ☐ Sep ☐ White ☐ Black/African American ☐ American Indian/Alaskan Native ☐ Asian ☐ Unknown ☐ Hispanic/Latino ☐ Native Hawaiian/Other Pacific Islander ☐ Other _____

Clinician/Provider: _____ Facility/Clinic Name: _____ Name & Phone # of Person Reporting This Positive: _____ Date Reported: _____

Facility/Clinic Address: _____ City: _____ State: _____ Zip Code: _____ Physician/Provider Telephone (include Area Code): _____

Number of Laboratory: _____ City: _____ State: _____ Zip Code: _____ Laboratory Telephone (include Area Code): _____

Was patient tested for HIV in this visit? ☐ Yes, tested negative ☐ No ☐ Yes, tested positive ☐ No ☐ Yes, tested positive ☐ No ☐ Patient requests consult

Was patient tested for syphilis in this visit? ☐ Yes, tested negative ☐ No ☐ Yes, tested positive ☐ No ☐ Patient requests consult

DIAGNOSIS ☐ CHLAMYDIA ☐ GONORRHEA ☐ SYPHILIS

Date of Exam/Collection: _____ Date of Exam/Collection: _____ Date of Exam/Collection: _____

Specimen Type: ☐ Urine ☐ Vaginal ☐ Rectal ☐ Cervical ☐ Throat ☐ Other _____

Specimen Type: ☐ Urine ☐ Vaginal ☐ Rectal ☐ Cervical ☐ Throat ☐ Other _____

Specimen Type: ☐ Urine, q/t, or 1 in _____ ☐ Rectal ☐ Non-rectal (specimen site) ☐ Vaginal or Cervix ☐ Rectal ☐ Non-rectal (specimen site)

Date Treated: _____ Date Treated: _____ Date Treated: _____

Recommended Treatment: ☐ Doxycycline 100 mg PO BID x 7 days ☐ Azithromycin 1.0 g PO x 1 day ☐ Other (specify): _____

Recommended Treatment: ☐ Ceftriaxone 500 mg IM x 1 dose ☐ Doxycycline 100 mg PO x 7 days ☐ Other (specify): _____

Recommended Treatment: ☐ Benzathine Pen G 2.4 mU IM (eq. 100,000 U) ☐ Other (specify): _____

For consultation, please contact: Iowa Department of Public Health, STD Program at 515-281-8480 or at Lucas State Office Building, 811 E. 12th St., Des Moines IA, 50319 Report within 3 days of receiving test result. Fax this form to: 515-281-2378 *See additional information on back. Revised January 2021

Iowa- Dual Reporting State

Most Labs utilize Electronic Lab Reporting (ELR)

Provider Reporting is not automated

STDs In Polk County

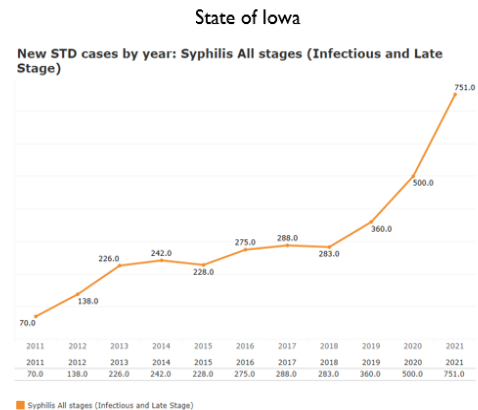
Monthly STI Totals													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	TOTAL
2019	494	490	452	474	492	462	540	456	452	520	421	512	5,765
2020	523	450	447	337	433	501	602	522	576	595	488	530	6,004
2021	468	428	565	546	499	558	565	582	483	489	488	479	6,150
2022	470	400	432	443	408	452	429	424	444	549	466	381	5,298

PCHD is beginning to look at the following contributors to see if we can find a reason for the decrease in cases from 2021 to 2022

- Anatomical testing sites, clinic type (ER, UC, FM, OBGYN), and the number of providers reporting positive cases

Increase in Syphilis Cases:

Polk County Yearly Totals: Syphilis		
	Syphilis	% of Case Load
2013	158	5.31%
2014	147	4.26%
2015	129	3.34%
2016	184	4.30%
2017	188	3.77%
2018	173	3.27%
2019	239	4.15%
2020	290	4.83%
2021	440	7.15%
2022	469	8.85%



Percent Contribution Among Our Major HCS's:

Provider	Percent Contribution to Polk County STI Cases- Positive CT, GC, Syph, HIV												
	2021				2022								
	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22
Broadlawn Medical Center	11%	11%	11%	14%	14%	13%	9%	11%	10%	10%	11%	11%	13%
MercyOne	12%	11%	11%	10%	12%	11%	12%	9%	11%	6%	12%	11%	12%
Planned Parenthood	16%	14%	16%	20%	16%	16%	17%	21%	16%	10%	13%	13%	12%
Polk County Health Department	11%	11%	11%	11%	10%	9%	11%	12%	11%	13%	10%	8%	7%
Primary Health Care	13%	10%	8%	9%	10%	11%	6%	7%	10%	12%	9%	9%	13%
UnityPoint	17%	21%	24%	18%	23%	23%	27%	24%	27%	27%	25%	28%	22%
The Iowa Clinic	5%	4%	4%	3%	2%	3%	2%	1%	1%	6%	3%	2%	3%
Blank Children's Hospital	0.72%	0.46%	0.94%	0.22%	1.34%	0.82%	1.77%	0.80%	0.54%	0.49%	0.78%	0.71%	0.72%
Total Percentage (Major HCS)	86%	83%	86%	87%	88%	87%	86%	87%	88%	85%	83%	83%	84%

STD Totals – January to May 2022 vs. 2023

CHLAMYDIA	GONORRHEA	SYPHILIS	HIV
1.32%	22.62%	58.20%	31.03%
INCREASE	DECREASE		

Healthcare Outreach:

- Reconnect & Reestablish partnerships with all healthcare systems
- Provide education on emerging trends found throughout our community
- Provide feedback (tests administered, treatment of patients, etc.)

- Discuss next steps
- Incorporate pre-screening of risk factors into work flow
- Increase reporting of STDs by providers
- Increase access to testing services
- Test based on sexual history

Harm Reduction Lock Boxes

By Madisun VanGundy

Harm Reduction Project and Outreach



Harm reduction defined

Harm reduction is a public health approach that addresses risky behaviors associated with drug use.



We have Community Lock Boxes which contain:

- Sharps disposal kits
- Supplies to promote sterile injection and reduce infectious disease transmission through injection drug use, exclusive of sterile needles, syringes, and other drug paraphernalia
- Hygiene product kits
- Educational materials regarding how to safely inject drugs
- Large sharps receptacle

Locations:

- Polk County Health Department
- River Place Building



How To Use a Harm Reduction Kit

This video is located on our YouTube Page and on our website.



FREE Harm Reduction Kits and Hygiene Products

Come pick up FREE period products, soap, toothbrush, tooth paste, hand-aid, sharps disposal, bleach & water bottles to clean needles & syringes, from one of our community lock boxes.

Community Lock Box Locations:

- 1907 Carpenter Ave. Des Moines
- 2309 Euclid Ave. Des Moines

Lock Box Code

- 185 036

Learn how to order Narcan and other harm reduction resources here



[More Info](#)



Outreach Materials

Flyers

- 8.5 x 11"
- 11 x 17"

Business Sized Cards

FREE Harm Reduction Kits and Hygiene Products

Products are inside community lock boxes located at:

- 1907 Carpenter Ave. Des Moines
- 2309 Euclid Ave. Des Moines

Passcode: 185 036

Supplies: bleach & water to clean needles & syringes, sharps disposal cases, period products, soap, toothbrush, toothpaste, etc.

Polk County Health Department

Learn how to order Narcan here



Outreach

- Iowa Harm Reduction Coalition
- Homeless Shelters
 - CISS
 - JOPPA
- UCS Health Care
- Overdose Awareness Walk



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[More Info](#)



Des Moines Public Library

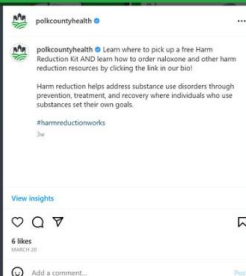
DMPL hung 11x17" flyers in their bathroom stalls

Des Moines Public Libraries
Twice a month outreach days



Social Media

We have harm reduction resources! Visit our website to learn more.



Numbers



- We've given out approximately 100 harm reduction kits within the past year
- We hope that number will grow!



American Lung Assoc.
Update
By Beth Timmerman

FY2023 Update & Collaboration

- Community Partnerships:

Polk County:

- FY2021: \$250,552
- FY2022: \$254,884
- FY2023: \$259,385
- FY2024: TBD but most likely increase from FY23



Preschools/Childcare:

Free training available on the DHS Registry

- 6 centers/homes have updated/implemented policies
 - Lakes Early Learning Center (Polk City)
 - Wertz Family Chidcare (Des Moines)
 - Angeli Christiani Child Development Center (Des Moines)
 - Altoona Kids World x 2 (Altoona)
 - Primrose (Urbandale)
 - Drake University Head Start (over 20 location)
- 45 centers have been reached and provided resources
- Iowa Quality for Kids (IQ4K) update

Tobacco & Nicotine Free Worksites:

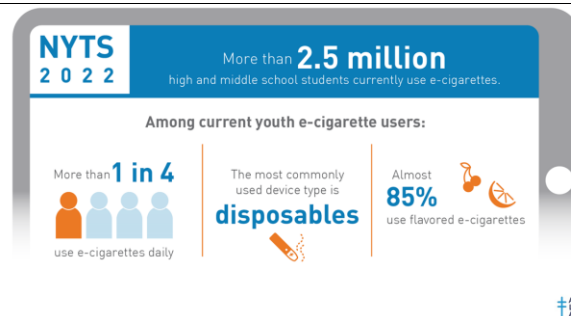
FY2023:

- 5 business have implemented comprehensive policies:
 - Walnut Hills United Methodist Church
 - Paper Systems
 - Ocha Bubble Tea x 2
 - CapTrust
- Over 30 businesses have received support and resources

Youth Tobacco Prevention:

- Merrill Middle School
 - Chapters working on recruitment and expansion for next year:
 - Johnston Middle School
 - Centennial High School
- 40 school counselors connected with
 - Provided education and materials on youth tobacco prevention and vaping

Youth Tobacco Survey



Youth Vaping Efforts:

In person student education provided to:

- Roosevelt High School
- North High School
- Saydel High School
- Ankeny Parkview Middle School
- Ankeny Prairie Ridge Middle School

MY LIFE MY QUIT

Connected with over 200 school staff on support and resources. Additional support provided to the schools below:

- Saydel CSD
- Bondurant-Farrar HS
- Hoover HS
- McCombs MS
- Goodrell MS
- Brody MS
- Des Moines Public School Nurses
- Oak Park Elementary
- Roosevelt HS

American Lung Association

Smoke Free Multi-Unit Housing:

To date, over 250 properties in Polk County are listed on the [Smoke Free Homes Registry](#)

Market/Mixed Market

- Park Winds
- Artisan Property Management
- Optimum Real Estate
- Four Grand Brownstones
- The District Lofts
- Grand Valley Townhomes
- Weston Park
- 45 properties have been contacted

There Are Many Benefits To Going Smokefree

- Improve the value of your property - If you consider smoking in your unit, you are exposing other residents to secondhand smoke.
- Smoke free properties experience less maintenance and unit turnover costs.
- Nearly 9 out of 10 leaseholders would choose a non-smoking building.
- Residents, pets, visitors, and employees will be protected from the dangers of secondhand smoke.
- Residents will be kept safe from exposure to harmful cigarette emissions, also known as secondhand smoke.

American Lung Association

Quitline Iowa (1 800 Quit now)

Potential eligibility for free nicotine replacement therapies (NRTs) for :

- Medicare
- Medicaid*
- Insured*
- Uninsured

FY2023 (As of 04/30/2023)

- 337 users

Completed AAR trainings to:

- Agape Pregnancy Center
- EveryStep Maternal Health
- The Beacon
- UnityPoint Southglen
- Broadlawns Primary Care
- Mercy OB Community Coordinators
- Integrative Counseling Services



QUITLINE IOWA
1 800 QUIT NOW | 1 800 784 8669

American Lung Association

Quitline Iowa Provider Recognition:

	Q1: Broadlawn Outpatient Behavioral Health  Q2: UnityPoint Southglen Thank you to Sam Farris, PA-C UnityPoint Clinic Family Medicine-Southglen  Q3: West Des Moines OBGYN Associates  Thank You! WEST DES MOINES OBGYN ASSOCIATES, PC American Lung Association Resource Sharing: TOBACCO CONTROL Quarterly Newsletter American Lung Association Iowa Students for Tobacco Education and Prevention (ISTEP) Visit https://istep.org to learn about Iowa's youth-led tobacco prevention group  Mallie is a freshman at Carle High School in Warren County and is one of the newest members of the ISTEP Executive Council.  Rowena is a sophomore at Winterset High School in Madison County and is one of the newest members of the ISTEP Executive Council.  The Winterset High School ISTEP Chapter painted a mural to promote <i>My Life My Say</i>. They had a lot of fun in the process and helped educate their peers! American Lung Association "State of Tobacco Control" 2022  Stand with us to prevent and reduce tobacco-use  The 20th annual "State of Tobacco Control" reports are in View Iowa's Report Card to learn what actions our state needs to make in order to pave a path to end tobacco use and eliminate health inequities made worse by tobacco use over the next 20 years. Tobacco and Nicotine-Free Designated Workplaces in Iowa Congratulations to the following organizations for making their workplace a tobacco and nicotine free environment!  As a mental health therapist who has specialization in sexuality and addictions, I am very familiar with how tobacco use can affect the entire person. Sometimes it's simply seen as a coping mechanism for those who are stressed out or overworked. But smoking, as with any other habit that can turn into an addiction and can cause problems with the people around you. That is why it was important to me to create a policy for my agency, Terrence Counseling LLC, about smoking, vaping, and tobacco use on the property to protect all my clients and my colleagues. Especially those who are struggling with quitting tobacco products." Shariann Corner MSW, LISW, IADC, Therapist & Owner of Terrence Counseling LLC  "The American Lung Association in Iowa is tremendous to work with. They are friendly, knowledgeable, and very easy to work with. I've been impressed with the resources and the level of professionalism they provide. I'm looking forward to our continued partnership." Tony Leo, Director of Programs and Operations at Big Brothers, Big Sisters of Central Iowa  "My pest control business had an outdated tobacco-free workplace policy, and I am grateful for the help I received from the American Lung Association to revise and implement an updated policy. The biggest benefit we have seen is a clarity to our employees that our building and vehicles are tobacco and nicotine-free. Through the signage and other resources provided by the American Lung Association, a consistent reminder is there to show our employees that we value their safety and health." Brad Smith, President at Preferred Pest Control American Lung Association
<u>Program Updates Disease Prevention</u> <i>By Kari Lebeda Townsend</i>	• Uptick in calls concerning rabies. • Typical increase in calls concerning foodborne complaints and incidents • As mentioned last month, MPox is something we are wanting providers to keep on their mind. We are not seeing the cases we did last year. ◦ We did offer MPox vaccine at Pride and did vaccinate a number of individuals. • Our Healthy Women / Healthy You team attended the Bras for a Cause event and received a \$25,000 grant award check for the next fiscal year.
<u>Committee Member Comments</u>	• None
<u>Public Comments</u>	• None
<u>Adjournment</u>	9:23 a.m.

Next Meeting July 21 at 8:30am

Others present:

Helen Eddy, PCHD

Heather Flaherty, PCHD

Kimberly McMains, PCHD

Kari Lebeda Townsend, PCHD

Madisun VanGundy, PCHD

Andrea Petrovich, County Attorney
Beth Timmerman, American Lung Assoc.
Joy White, Wesley Life
Pam Reeves, Wesley Life