

Polk County Advisory Board of Health Minutes

August 16, 2024

Members present: Reylon Meeks, Rick Kozin, Thomas Newton, Anne Bacon, Jennifer Olson

Members absent: None

Agenda Items	Summary
<u>Approval of Minutes</u>	Board minutes from June and July approved.
<u>Director Update</u> <i>By Helen Eddy</i>	Encourage members to tune in regularly to check out our new podcasts. We just recorded one concerning the one-year anniversary of our Gun Safety Campaign. We focus in on a statistic in each episode.
<u>Deputy Director Update</u> <i>By Mandy Penning</i>	- Flu Clinics – We have decided not to hold community clinics this year because most of the people that come are insured. We will stay open later on Thursdays beginning September 19 through October and do three Saturdays from 9 – 12 p.m. Appointments can be made on-line. - We are also offering Flu vaccine appointments during regular business hours. - We will be doing a handful of outreach events to targeted groups. - DART could not provide free rides, so we will be working on funding to offer free bus rides. - The Saturday mornings align with the Global Greens Farmer's Market, which attracts a large population. - Part of this is driven by the fact that our new EMR does not support off-site clinics and that our attendance at community flu clinics, in general, has decreased because people tend to go to pharmacies for these vaccines. So, we are focusing our efforts on individuals who may not have that access.
<u>Breast & Cervical Cancer Screening Program</u> <i>By Alejandra Del Rio & Elyssa Patino</i>	Polk County Health Department <i>Ribbons of Hope Program</i> Board of Health Advisory Committee Meeting August 16, 2024 ALEJANDRA DEL RIO ANGELICA LEGUIZAMO ELYSSA PATINO KARI LEBEDA TOWNSEND  Program Services ▶ Screening & Program Awareness ▶ Health Education ▶ Enrollment ▶ Patient Navigation ▶ Care Coordination ▶ Screenings & Diagnostic Services such as: ▶ Cervical: Pap smear/HPV testing, ST f/u pap smear/Gyne consult, Colposcopy, LEEP (prior authorization required) ▶ Breast: Screening mammogram, Diagnostic mammogram, Additional views, Ultrasound, Biopsy, MRI (prior authorization required) ▶ Early intervention and treatment ▶ Nurse Case Management ▶ Assistance after breast or cervical cancer or precancer diagnosis ▶ Risk Reduction Counseling ▶ Referrals & Community Resources 

Screenings

Early detection saves lives



Breast Cancer Screening

- Know Your Normal
- Office Visit & Exam
- Clinical Breast Exam
- Mammogram

Cervical Cancer Screening

- Pelvic Exam
- Pap Test
- HPV Test
- HPV vaccine

Colorectal Cancer Screening

- Education
- FIT Test
- Colonoscopy
- Navigation Services

REINTEGRATING HEALTHY HEART SERVICES

THANK YOU TO THE BOARD OF SUPERVISORS FOR GRANT APPROVAL TO CONTINUE SCREENING FOR CARDIOVASCULAR HEALTH FOR WOMEN

- OFFICE VISIT & LABS (GLUCOSE, A1C, BLOOD PRESSURE, LIPIDS)
- RISK REDUCTION INFORMATION/COUNSELING
- FOLLOW UP VISIT FOR BORDERLINE/ABNORMAL RESULTS
- HEALTH COACHING FOR ABNORMAL RESULTS
- EDUCATION, COMMUNITY RESOURCES, SERVICES TO HELP SUPPORT HEALTHY BEHAVIORS SUCH AS YMCA, BP MONITORS, NUTRITION EDUCATION, MTM, AND OTHER REFERRALS AS NEEDED.
 - We are working with Planned Parenthood to start these services because they do not have access to obtain these tests without paying out of pocket
 - Our program will help assist with abnormal result follow up and coordinate care with PCP/establish care with PCP



Participants & Funding

FY 21-22	FY 22-23	FY 23-24	FY 24-25	Program/Funding Source
778	1,370	1,689	2,000	Care for Yourself
180	217	0	0	WISEWOMAN
NA	NA	NA	300	Healthy Heart
146	181	50	\$25,000	Bras for the Cause*
NA	NA	2	\$20,000	Bras for the Cause Madison Co
300	20	75	Based on referral	John Stoddard Partnership
20	3	0	To Be Determined	Komen
78	33	49	50	Iowa Get Screened
1,322	1,607	1,863	Total	

*Bras for the Cause - \$25,000 Grant Award for FY 2024-2025

CERVICAL DATA

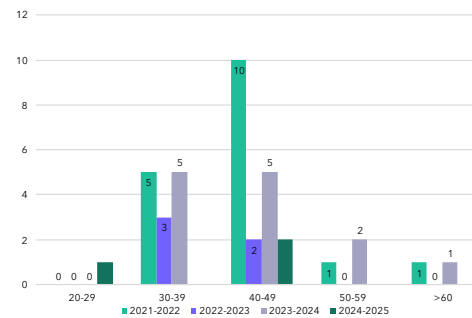
DX	FY 21 -22	FY 22-23	FY 23- 24	FY 24 -25
ABN PAP	37	68	112	To Be Determined
COLP	16	20	96	To Be Determined
LEEP	4	3	17	To Be Determined
CANCER	2	5	3	To Be Determined

BREAST DATA

DX	FY 21 -22	FY 22-23	FY 23- 24	FY 24 -25
DX IMAG	418	413	520	To Be Determined
ST F/U	108	92	146	To Be Determined
CANCER	14	5	12	To Be Determined

AGE AT CANCER DIAGNOSIS

- o 25 y/o female, no family history, lump found- invasive breast cancer with mets to axillary lymph node
- o Last FY ages 35-61 new cancers
- o Creating awareness and importance of screening and knowing your normal
- o Cancer is being diagnosed at younger ages



Meet Elsa,
newly diagnosed with breast cancer

<https://youtu.be/gic2ORG6ltg>

Promote Awareness & Extend Our Reach

Polk County & the Polk County Health Department

- Create and refresh awareness among other health department staff
- County staff and other departments during breast and cervical cancer awareness months

Provider Partners

- Primary source of referrals
- Opportunity for education on screening or program changes and enrollment
- To establish new provider partnerships

Targeted Outreach & Community Partners

- To try to reach individuals never or rarely screened
- To reach individuals impacted by health disparities
- To establish new partnerships
- To maintain connections with existing partners



	 OUR GREAT PARTNERS! Drake UNIVERSITY, MercyOne Breast Care, PHC primary health care, LUNA, cervivor, Brás for the Cause Polk County, MIERCYONE, Grace Fitness, KNOCK the DROP, broadlawns MEDICAL CENTER, Iowa's LATINO Heritage Festival, The Iowa CLINIC, Madison County, UnityPoint Health, susan G. komen., Planned Parenthood Care. No matter what., John Stoddard Cancer Center, Latina LEADERSHIP INITIATIVE, Iowa Radiology. Thank you! Questions, Comments, Suggestions??  Alejandra Del Rio, Health Navigator Alejandra.DelRio@polkcountyia.gov Angelica Leguizamo, Program Coordinator Angelica.Leguizamo@polkcountyia.gov Elyssa Patino, Nurse Case Manager Elyssa.Patino@polkcountyia.gov Kari Lebeda Townsend, Disease Prevention Supervisor Kari.Lebedatownsend@polkcountyia.gov 
<u>Program Updates</u> <u>Disease Prevention</u> <i>By Kari Lebeda Townsend</i>	• Mpox: ▪ Since last month's update, the outbreak in the Congo spread to neighboring countries and Sweden (via a traveler). ▪ No person-to-person spread in Sweden yet. ▪ In Africa, Mpox is spreading in households. This was the concern in the U.S. previously - spread through skin-to-skin contact, contaminated bedding, etc. ▪ Most recent cases plague 1 (more severe illness) vs. plague 2, which was the outbreak seen in the U.S. a few years ago. ▪ Encouraging providers to think about Mpox, even in individuals who have been vaccinated or have previously had Mpox. • Measles: ▪ Last month three unrelated cases in Minneapolis (no travel). • State of Iowa new reportable diseases: ▪ Invasive Cronobacter – Impacts infants, immunocompromised and elderly individuals. ▪ A germ that lives in dry powdered products and can contaminate equipment. ▪ Alpha-Gal Syndrome ▪ A tick-borne illness from a tick bite. ▪ Allergic reaction when eating red meat. ▪ One case in Polk County • Greencard Clinic (vaccines/greencard paperwork) expansion due to demand ▪ Appointments were 6 months out ▪ Most cost-effective option
<u>Committee Member</u> <u>Comments</u>	• Rick Kozin – Applaud the department for the decision to offer emergency contraceptives for free. ○ Helen added: ▪ Received lots of media attention, no negative feedback ▪ Opportunity as the Family Planning Council tries to navigate solutions. It was an easy decision for us. ▪ They are placed high on the wall, but easy access. ▪ There may be some interest from Family Planning Council about making free pregnancy tests again available. When they become available, we will also put those in our restrooms. ▪ Will explore making products available in other County buildings

<u>Public Comments</u>	• None
<u>Adjournment</u>	9:08 a.m.

Next Meeting September 20, 2024 at 8:30am

Others present:

Helen Eddy, PCHD

Mandy Penning, PCHD

Kari Lebeda Townsend, PCHD

Heather Flaherty, PCHD

Andrea Petrovich, Asst. County Attorney

Alyssa Patino, PCHD

Alejandra Del Rio, PCHD

Breanne Diaz, Community Youth Concepts