



POLK COUNTY CRIMINAL JUSTICE COORDINATING COUNCIL

BEHAVIOR HEALTH SUBCOMMITTEE MEETING MINUTES

Date: October 17, 2024

Time: 8:30 a.m.

Location: Polk County Behavioral Health & Disability Services (River Place)

MEMBERS PRESENT: Annie Uetz (BHDS), Lorna Garcia (DMPD), Rachel Adams (BHDS), Teresa Bomhoff (MindSpring), Tracy Gryp (Full Circle Recovery), Patrick Coughlin (Bridges), Alyssa Wilson (Altoona PD), Jerry Evans (CJCC).

MEMBERS ABSENT: Danielle Bailey (5th District DOC)

GUESTS: Brock Milligan, Thrive Now Recovery (Pleasant Hill, Iowa)

ACTIVITY:

1. Meeting called to order by Chair Garcia.

TOPICS OF DISCUSSION:

2. Thrive Now Recovery Update- Brock Milligan

Thrive Now Recovery Centers will open its Pleasant Hill location this December. Their Iowa City facility will offer the same services and have a few more detox and residential beds and will open in February or March of 2025. Once fully operational, they will accept adult patients with commercial insurance, Medicaid, and they will also have a charity option for those who don't have either of the other two insurance options. The inpatient program will be 28 days in duration and follow the principles of the 12-Step Model. In addition, they will offer evening groups that provide additional pathways to recovery.

The facility will accommodate 48 patients as follows:

- I.) 12 Detoxification beds;
 - II.) 12 female beds;
 - III.) 24 male beds;
 - IV.) They will also accommodate transgendered and non-binary patients as well.
- * The detoxification beds will be the only beds for this purpose in the metro area.

At the conclusion of their residential stay, patients will be assessed to determine whether there is a need for continued outpatient therapy. Thrive Now Recovery is in the process of building relationships with area substance use disorder outpatient programs to partner with for this service.

Finally, Thrive Now Recovery will also offer Medically Assisted Treatment (MAT) services as well.

Lastly, Thrive Now Recovery is finalizing the process for referrals. At a minimum, walk-ins will be accepted from 9:00 a.m. to 9:00 p.m., and all other referrals will be handled by calling the main facility number. In addition, they will provide transportation for patients needing a ride to the facility, as well as after completion of the program.

BARRIERS DISCUSSION

3. Discussion took place regarding the barriers identified by the subcommittee over the last few meetings. As a recap, these are the barriers that have been identified:
 - a.) Medicaid Eligibility;
 - b.) Detoxification Options;
 - c.) Inpatient Treatment Beds;
 - d.) Treatment options for youth;
 - e.) Transitional Beds for Re-Entry for the Justice Involved;
 - f.) Transitional Housing Units for those currently unhoused.

With the opening of Thrive Now Recovery in December, this will help address the need for detoxification and inpatient treatment beds.

LIFE SERVICES/SOBERING CENTER UPDATE

4. The Ribbon Cutting Ceremony for the Life Services/Sobering Center is scheduled for Wednesday October 23rd at 11:00 a.m. The public is invited to attend. There will also be an opportunity to tour the facility after the ribbon cutting. The Sobering Center will open with capacity for five (5) beds with the ability to increase to 10 beds if needed. In addition, the Crisis Observation Center will be relocated from Broadlawns Medical Center to the Life Services Center.

NEXT STEPS

5. An invitation for Andrew Allen with Ember Recovery to present at the next subcommittee meeting is going to be re-sent. It was hoped he could join this meeting, but he was not available.

Closing:

6. Meeting adjourned at 9:45 a.m.

NEXT MEETING

7. The next meeting is scheduled for December 19, 2024 at 8:30 a.m. at River Place.